

Nonlegal/Social Services Resources:

Intimate Partner Violence or Domestic Violence Services

- **Call 311**
- **NYC 24-hour Domestic Violence Hotline:** 1-800-621-HOPE
- **NYS Domestic and Sexual Violence Hotline:** Call 800-942-6906 or text 844-997-2121
- **Contact your local Family Justice Center (FJs)**
 - Website: <https://www.nyc.gov/site/ocdv/programs/family-justice-centers.page>
 - Phone numbers:
 - Bronx: 718-508-1220
 - Brooklyn: 718-250-5113
 - Manhattan: 212-602-2800
 - Queens: 718-575-4545
 - Staten island: 718-697-4300
- **Womankind**
 - Website: <https://www.iamwomankind.org/get-help/>
 - 24/7 Multilingual hotline: 1-888-888-7702
- **Safe Horizon**
 - Website: <https://www.safehorizon.org>
- **Sanctuary for Families**
 - Visit Sanctuary for Families' Get Help Page for information on their helplines and text-for-help lines.
 - Website: <https://sanctuaryforfamilies.org/get-help/>
 - Call helpline at 1-212-349-6009 Monday through Friday from 9 am to 5 pm.
 - Text line: 929-335-9922
- **Violence Intervention Program (VIP)**
 - Website: <https://www.vipmujeres.org/get-help/>
 - 24-hour English/Spanish hotline: 1-800-664-5880
- **Voces Latinas**
 - Website: <https://www.voceslatinas.org>
 - Phone number: 718-593-4528

- **Anti-Violence Project (AVP)**
 - LGBTQ+ and HIV-affected survivors of violence
 - Website: <https://avp.org/get-help/get-support/>
 - 24-hour English/Spanish hotline: 212-714-1141
- **Garden of Hope**
 - Website: <https://gohny.org/services/>
 - Helpline: 1-877-990-8595
- **Sakhi for South Asian Women**
 - Website: <https://sakhi.org/get-help/>
 - Helpline: 1-212-868-6741 (M-F, 10 am – 10 pm) or text 1-305-204-1809
- **HELPS R.O.A.D.S - HELP USA**
 - Website: <https://www.helpusa.org/get-help/>
 - Helpline: 800-799-7233
- **Arab American Family Support Center**
 - Website: <https://www.aafscny.org/our-priorities/>
- Find additional resources and support in NYC by searching the **NYC Hope Directory**
 - Website: <https://www.nyc.gov/content/nychope/pages/neighborhood-resources>

Human Trafficking Resources

- **Restore**
 - Website: <https://restorenyc.org/our-work/what-we-do/>
 - Referral: <https://restorenyc.org/submit-a-referral/>
- **Safe Horizon – Anti-trafficking program**
 - Website: <https://www.safehorizon.org/anti-trafficking-program/>
 - Helpline: 718-943-8631 (M – F, 9 am – 5 pm)
- **Garden of Hope**
 - Website: <https://gohny.org/services/>
 - Helpline: 1-877-990-8595

Mental health/Counseling

- **NYC Well**

- Find services: [https://nycwell.cityofnewyork.us/en/find-services/?q=&f\[0\]=specialPopulations&f\[1\]=insurancesAccepted&f\[2\]=ageGroup&f\[3\]=county&hPP=10&idx=ny-cwell_prod&p=0](https://nycwell.cityofnewyork.us/en/find-services/?q=&f[0]=specialPopulations&f[1]=insurancesAccepted&f[2]=ageGroup&f[3]=county&hPP=10&idx=ny-cwell_prod&p=0)
- Hotline: 1-888-NYC-WELL (1-888-692-9355)
- Text-line: Text WELL to 65173
- **Suicide and Crisis Lifeline:** Call or Text 988
- **Urban Justice Center – Mental Health Project**
 - Website: <https://mhp.urbanjustice.org/about/direct-services/>

Resources for immigrants or immigrants experiencing gender-based violence:

- **Call 311**
- [Know your rights](#)
- **New Americans Hotline**
 - Multilingual helpline: 1-800-566-7637 (M-F, 9 am – 8 pm)
- **Asylum Seeker Resources**
 - Website: <https://www.nyc.gov/site/immigrants/help/asylum-seekers/asylum-seeker-resources.page>
- **Mixteca**
 - Website: <https://www.mixteca.org/en/home>
 - Phone number: 718-965-4795
- **Arab American Family Support Center**
 - Website: <https://www.aafscny.org/our-priorities/>
- **Make the Road NY**
 - Website: <https://maketheroadny.org/services-info/>
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 - Queens: 718-575-4545

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- Visit Sanctuary for Families' Get Help Page for information on their helplines and text-for-help lines.
- Website: <https://sanctuaryforfamilies.org/get-help/>
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- Helpline: 1-877-990-8595

Individuals with disabilities

- **NY Connects**

- Website: <https://www.nyconnects.ny.gov>
- Intake Form: <https://www.cidny.org/getnyconnects/>
- Phone Number: 1-800-342-9871

- **Mobilization for Justice**

- Website: <https://mobilizationforjustice.org/projects/disability-and-aging-rights/>

- **Legal Aid Society**

- Website: <https://legalaidsnyc.org/get-help/health-disability-hiv-aids/>
- Access to benefits helpline: 888-663-6880
- **HRA – Disability Access**
 - Website: <https://www.nyc.gov/site/hra/help/disability-access.page>

Healthcare

- **NYC Care**
 - Website: <https://www.nyccare.nyc>
 - Phone number: 1-646-692-2273
- **NYC Health Map**
 - Website: <https://a816-healthpsi.nyc.gov/NYHealthMap>
- **Abortion Access Hub**
 - Website: <https://www.nyc.gov/site/doh/health/health-topics/abortion.page>
 - Phone: 1-877-692-2482 (M – Sat, 8 am – 8 pm)

LGBTQIA+ resources

- **Anti-Violence Project (AVP)**
 - LGBTQ+ and HIV-affected survivors of violence
 - Website: <https://avp.org/get-help/get-support/>
 - 24-hour English/Spanish hotline: 212-714-1141
- **The Door**
 - LGBTQ+ youth
 - Website: <https://door.org/programs-services/lgbtq/>
 - Phone number: Text 929-357-0768 or call 212-941-9090
- **The Trevor Project**
 - LGBTQ+ youth
 - Website: <https://www.thetrevorproject.org>
 - Hotline: 1-866-488-7386
 - Text-line: 678-678
- **Trans Lifeline**
 - Website: <https://translifeline.org>
 - 1-877-565-8860

- **The Center**
 - Website: <https://gaycenter.org/resources/>
- **NYC Unity Project**
 - Website: <https://growingupnyc.cityofnewyork.us/generationnyc/topics/lgbtq/>
- **SAGE**
 - LGBTQ+ Older Adults
 - Website: <https://sagenyc.org/sage-centers/>

Formerly incarcerated/re-entry services

- **Brooklyn Defenders**
 - Website: <https://bds.org/get-help#release-from-jail-or-prison>
 - Call our Community Office at 646-971-2722 or email us at communityoffice@bds.org.

Youth

- **Safe Horizon Streetwork Project**
 - Website: <https://www.safehorizon.org/streetwork/>
 - Hotline: 800-708-6600
- **Sanctuary for Families**
 - Website: <https://sanctuaryforfamilies.org/our-approach/client-services/children-and-family-services/>
 - Hotline: 1-212-349-6009
- **The Door**
 - Website: <https://door.org/programs-services/>
- **Day One**
 - Website: <https://dayoneny.org/social-services-counseling-case-management/>
 - Hotline: 800-214-4150
 - Text line: 646-535-3291
- **Covenant House**
 - Website: <https://ny.covenanthouse.org/>
 - Hotline: 212-613-0300

Food Assistance

- **Call 311**

- **Hunger Free America**
 - Website: <https://www.hungerfreeamerica.org/en-us/nyc>
 - Benefit Access team: 646-355-1475
- **National Hunger Hotline**
 - 866-348-6479 or 877-8-HAMBRE
- **Lemon tree**
 - Website: https://www.foodhelpline.org/directory/regions/new_york_city
- **Access NYC**
 - Website: <https://access.nyc.gov/>

Housing Assistance

- **Call 311**
- **Access NYC**
 - Website: <https://access.nyc.gov/>
- **Safe Horizon Streetwork Project**
 - Homeless youth
 - Website: <https://www.safehorizon.org/streetwork/>
 - Hotline: 800-708-6600
- **Housing Court Answers**
 - Website: <https://housingcourtanswers.org/answers/for-tenants/>
 - Phone number: 212-962-4795
- **Coalition for the homeless**
 - Website: <https://www.coalitionforthehomeless.org/get-help/>
 - Crisis Intervention Hotline: 1-888-358-2384
- **New Destiny Housing**
 - Website: <https://newdestinyhousing.org/housing-help/>
- **Domestic Violence Shelter**
 - Contact NYC's Domestic Violence Hotline: 1-800-621-4673
- **NYC Shelter**
 - Website: <https://www.nyc.gov/site/dhs/shelter/shelter.page>
- **Homebase**

- Website: <https://www.nyc.gov/site/hra/help/homebase.page>
- **Nazareth Housing**
 - Website: <https://nazarethhousingnyc.org/services/>

Financial Assistance

- **Call 311**
- **Access NYC**
 - Website: <https://access.nyc.gov/>
- **New Economy Project Hotline**
 - Website: <https://www.neweconominyc.org/type/know-your-rights/>
 - Has know your rights information
 - Hotline: 212-925-4929
- **United Way – My Free Taxes**
 - Website: <https://myfreetaxes.com/>
 - Helpline: 866-698-9435
- **Community Service Society – Income Support Services**
 - <https://www.cssny.org/programs/entry/income-support-services>
- **Center for Urban Community Services**
 - Website: <https://www.cucs.org/connects/>
- **Catholic Charities Community Services**
 - Website: <https://cccsny.org/services/financial-assistance>
- **Nazareth Housing**
 - Website: <https://nazarethhousingnyc.org/services/>

Older Adult Services

- **NY Connects**
 - Website: <https://www.nyconnects.ny.gov>
 - Intake Form: <https://www.cidny.org/getnyconnects/>
 - Phone Number: 1-800-342-9871
- **NYC Aging Resources**
 - Website: <https://www.nyc.gov/site/dfta/index.page>
 - Aging Connect: 212-244-6469

- **SAGE**
 - LGBTQ+ Older Adults
 - Website: <https://sagenyc.org/sage-centers/>