

Community-Based Organization (CBO) Resource Guide

This guide highlights community-based organizations in New York City that offer services related to healthcare, immigration, housing, mental health, and other critical areas of support. Many of these organizations provide free or low-cost services based on income eligibility and offer interpretation and multilingual assistance to ensure access for all.

Domestic & Gender-Based Violence Services

- City & State Hotlines
 - NYC 24-Hour Domestic Violence Hotline: 1-800-621-HOPE
 - NYS Domestic & Sexual Violence Hotline: 1-800-942-6906 or Text 844-997-2121
 - Call 311 for assistance or connection to resources
- Family Justice Centers (FJC)
 - Website: <https://www.nyc.gov/site/ocdv/programs/family-justice-centers.page>
 - Bronx: 718-508-1220
 - Brooklyn: 718-250-5113
 - Manhattan: 212-602-2800
 - Queens: 718-575-4545
 - Staten Island: 718-697-4300
- Community-Based Providers
 - Arab American Family Support Center: <https://aafscny.org/> | 718-643-8000
 - HELP USA: <https://www.helpusa.org/programs/roads/> | 718-922-7980
 - Womankind: <https://www.iamwomankind.org/get-help/> | 888-888-7702
 - Safe Horizon: <https://www.safehorizon.org> | 1-800-621-HOPE
 - Sakhi for South Asian Survivors: <https://sakhi.org/> | 212-868-6741
 - Sanctuary for Families: <https://sanctuaryforfamilies.org/get-help/> | 212-349-6009 | Text: 929-335-9922
 - VIP: <https://www.vipmujeres.org/get-help/> | 1-800-664-5880
 - Voces Latinas: <https://www.voceslatinas.org> | 718-593-4528

Mental Health & Counseling

- 988 Suicide & Crisis Lifeline – Call or Text 988
- NAMI NYC - <https://naminycmetro.org/> | Call or Text 212-684-3264
- Urban Justice Center Mental Health Project – <https://mhp.urbanjustice.org/about/direct-services/%20> | 877-647-5291

Immigrant Services & Immigrants Facing Violence

- Garden of Hope: <https://www.gohny.org/contact> | 1-877-990-8595
- Make the Road NY: <https://maketheroadny.org/our-programs/>
- Mixteca: <https://www.mixteca.org/en/programs> | 718-965-4795
- New Americans Hotline: 1-800-566-7637
- NYC Asylum Seekers Resources: <https://www.nyc.gov/site/asylumseekers/resources/resources-for-asylum-seekers.page>
- NYC Office of Immigrant Affairs: <https://www.nyc.gov/site/immigrants/legal-resources/get-legal-help.page>
- Restore: <https://restorenyc.org/our-work/what-we-do/>



Disability Services

- NY Connects: nyconnects.ny.gov | 1-800-342-9871
- CIDNY Intake Form: cidny.org
- Mobilization for Justice: <https://mobilizationforjustice.org/projects/disability-and-aging-rights/> | 212-417-3700
- Legal Aid Society: legalaidnyc.org | 888-663-6880
- HRA Disability Access: <https://www.nyc.gov/site/hra/help/disability-access.page> | 718-557-1399

Healthcare & Reproductive Health

- NYC Care: nyccare.nyc | 646-692-2273
- NYC Health Map: [NYCHealthMap](https://nyc.gov/healthmap)
- Abortion Access Hub: nyc.gov/abortion | 877-692-2482

LGBTQIA+ Resources

- AVP (Violence Support): <https://avp.org/get-help/get-support/> | 212-714-1141
- The Door (Youth): door.org | Text: 929-357-0768 | 212-941-9090
- The Trevor Project: thetrevorproject.org | 866-488-7386 | Text: "START" to 678-678
- Trans Lifeline: <https://translifeline.org/resources/> | 877-565-8860
- The Center: <https://gaycenter.org/resources/> | 212-620-7310
- SAGE (LGBTQAI+ Older Adults): <https://sageserves.org/sage-centers/>

Youth Services

- Covenant House NY: <https://ny.covenanthouse.org/> | 212-613-0300
- Day One: dayoneny.org | 800-214-4150 | Text: 646-535-3291
- Safe Horizon Streetwork Project: <https://www.safehorizon.org/streetwork/> | 800-708-6600
- Sanctuary for Families: sanctuaryforfamilies.org | 1-212-349-6009
- The Door: door.org

Food Assistance

- Call 311 for assistance or connection to resources
- Hunger Free America: <https://www.hungerfreeamerica.org/en-us/nyc> | 646-355-1475
- National Hunger Hotline: <https://www.hungerfreeamerica.org/en-us/national-hunger-hotline> | 866-348-6479 or 877-8-HAMBRE
- Lemon Tree Food Directory: https://www.foodhelpline.org/directory/regions/new_york_city | Text FOOD or COMIDA to 90847
- Access NYC: access.nyc.gov

Housing Assistance

- Call 311 for assistance or connection to resources
- Access NYC: access.nyc.gov
- Coalition for the Homeless: <https://www.coalitionforthehomeless.org/get-help/> | 888-358-2384
- Domestic Violence Shelter Access: 1-800-621-4673
- Homebase: <https://www.nyc.gov/site/hra/help/homebase.page>
- Housing Court Answers: housingcourtanswers.org | 212-962-4795
- Mobilization for Justice Housing: <https://mobilizationforjustice.org/projects/housing/>
- Nazareth Housing: <https://nazarethhousingnyc.org/services/> | 212-777-1010



- New Destiny Housing: <https://newdestinyhousing.org/housing-help/> | 646.472.0262
- NYC Shelter Services: <https://www.nyc.gov/site/dhs/shelter/shelter.page>
- Safe Horizon Streetwork Project (Youth): <https://www.safehorizon.org/streetwork/> | 800-708-6600

Financial Assistance

- Call 311 for assistance or connection to resources
- Access NYC: access.nyc.gov
- Catholic Charities: <https://cccsny.org/our-services> | 888-744-7900
- Consumer Help Finder:
https://nycoi.legalservice.org/modules/matter/extern_intake.php?pid=129&h=daa817
- CSS Income Support Services: cssny.org
- CUCS: cucs.org
- Mobilization for Justice Consumer Rights: <https://mobilizationforjustice.org/projects/consumer-rights-project/> | 212-417-3881 from Thursdays 10 am to 2pm
- Mobilization for Justice Governmental Benefits: <https://mobilizationforjustice.org/projects/government-benefits-project/> | 212-417-3732 Mondays from 10 am to 12 pm
- Nazareth Housing: <https://nazarethhousingnyc.org/services/> | 212-777-1010
- New Economy Project: <https://www.neweconomynyc.org/type/know-your-rights/> | 212-925-4929
- United Way – MyFreeTaxes: <https://myfreetaxes.com/> | 866-698-9435 from February to April
- Urban Justice Center Safety Net Project: <https://snp.urbanjustice.org/about/direct-legal-services/our-legal-clinics/> | 646-923-8358 Thursdays from 1-5pm

Older Adult Services

- Aging Connect (NYC Aging Services): <https://www.nyc.gov/site/dfta/index.page> | 212-244-6469
- JASA: <https://www.jasa.org/> | 212-273-5272
- Mobilization for Justice’s Kinship Caregiver Project: <https://mobilizationforjustice.org/projects/kinship-caregiver-law-project/> | 212-417-3850 Wednesdays & Fridays from 10 am – 5 pm
- NY Connects: nyconnects.ny.gov | 800-342-9871
- SAGE (LGBTQ+ Older Adults): <https://sageserves.org/sage-centers/>